

**STERILE 0.9% SOLUTION OF SODIUM CHLORIDE, IN UNIDOSE CONTAINER****INDICATIONS :**

- Ocular hygiene: as an eyewash or bath to cleanse the eyes.
- Nasal hygiene: to irrigate or cleanse dry or stuffed up noses.
- Auricular hygiene: flush out solubilised earwax deposits and rinse the external auditory canal after using a surfactant auricular solution.
- Wound cleansing
- For inhalation in aerosoltherapy : This indication is not claimed for physiological serum in unidose made on bio-based polyethylene.

**DOSAGE :**

- Nasal and ocular hygiene:

Format 5 ml: may be used daily as a nasal and eye wash 1 to 6 times a day, as needed.

Format 10 ml: may be used daily as a nasal and eye wash 1 to 3 times a day, as needed.

- Ear hygiene: the frequency is not defined, but is usually not more than once per day.
- Cleaning wounds: the frequency is not defined, but can be several times in a day.
- Inhalation in aerosoltherapy: If the product is used as a solvent, follow the instructions included with the product for inhalation. If the product is used alone, follow the instructions included with the inhalation equipment.

**INSTRUCTIONS FOR USE :**

Detach a vial and open it by twisting off the top.

- For nasal hygiene

Tilt the head to the side. Delicately insert the tip into the upper nostril and gently squeeze the vial. Repeat the operation in the other nostril. Lift the head up to allow the mucous to run out and then wipe away the excess. Do not blow your nose violently for 10 minutes after administering.

- For ocular hygiene

Pour a few drops of solution into each eye, taking care not to touch the surface of the eye with the vial. Wipe away excess liquid with sterile gauze.

- For ear hygiene

Rinse the external auditory canal with sterile 0.9 % solution of sodium chloride. Use 1 vial of sterile 0.9 % solution of sodium chloride for both ears. Wipe away the surplus liquid with a gauze pad.

- For cleansing wounds

Rinse the wound, using the entire contents of one vial and taking care not to touch the wound with the vial. - For inhalation in aerosoltherapy. If the product is used as a solvent, follow the instructions included with the product for inhalation. If the product is used alone, follow the instructions included with the inhalation equipment.

**Précautions for use**

- For nasal hygiene

For babies, squeeze drops with a minimum amount of pressure to avoid any risk of contamination of the middle ear.

- For ocular hygiene

Wait 15 minutes before using any other eye treatment product.

- For ear hygiene (Warning)

Ear use of this medical device in case of perforated eardrums, history of ear surgery or chronic ear conditions is not recommended or should be the subject of prior advice from your doctor or your pharmacist.

- For cleansing wounds

Wipe away the excess liquid from the unaffected area only.

- For inhalation in aerosoltherapy

Ask your doctor for advice in case of first use or in case of respiratory hypersensitivity, of serious respiratory or cardiovascular pathologies.

**MANIFESTATIONS INDESIRABLES :**

Not expected

**CONTRAINDICATIONS :**

- For ear hygiene

Ear use of this medical device in case of perforated eardrums, history of ear surgery or chronic ear conditions is not recommended or should be the subject of prior advice from your doctor or your pharmacist.

- For inhalation in aerosoltherapy

Ask your doctor for advice in case of first use or in case of respiratory hypersensitivity, of serious respiratory or cardiovascular pathologies.

**WARNINGS :**

Do not use the same single-dose for the different uses.

EXTERNAL USE. DO NOT INJECT. DO NOT SWALLOW. SINGLE USE.

Do not use a damaged single-dose container (liquid leakage, deformation, etc.) or one that has already been opened, as there is a risk of rapid bacterial contamination.

Do not use a single-dose vial that is open or damaged due to the risk of rapid bacterial contamination. If symptoms persist or worsen, consult your doctor.

Report all serious incidents that occur in link with this device to the Laboratoires Gilbert - website: [www.labogilbert.fr](http://www.labogilbert.fr) and/or to the national competent authority.

Keep out of the reach and sight of children.

**STORAGE CONDITIONS :**

Do not use after the expiry date stated on the single-dose vial. [If zone III and IVa:] Store below 30°C.

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